

Student Eligibility

The CCKC accepts students beginning at six years old. If, after one month of training, it becomes obvious that a child is not developmentally or behaviorally ready for karate to be successful in the class, parent(s) will be notified.

Registration Process

1. New students must complete a Student Profile and Class Release form. For students under the age of 18, registration forms must be completed by a parent or legal guardian.
2. New students must complete paperwork, pay tuition, and a \$10 Registration fee (per family) before being permitted to take the class.
3. In the event a class is at maximum enrollment, the interested students' names and contact information will be taken. Notification will be sent at the next available class opening.

Financial Information¹

Class Tuition

Monthly Membership²

Single Student- \$40

Family Plan:

Two Students- \$75

Three Students- \$105

Four Students or More- \$130

Pay for Three Months and Save:

Single Student: \$115

Family Plan:

Two Students: \$215

Three Students: \$300

Four Students: \$370

Test Fees

Stripe Test: \$12

Belt Test \$17

¹ Some CCKC Locations may have different tuition prices and payment structures. Please see the local instructor for details.

² Membership for Genesis Class includes all monthly 6:15 classes as well as "Skills Focus" classes when provided. Extra help (in reasonable time frames) before or after class as needed. Membership for Trinity and Victory classes includes access to two classes per night as well after class "Skills Focus" classes when provided.

Review Board Exams	\$45
Black Belt Testing	\$175
Dan Rank Testing	\$75

Private / Family Instruction

Fundamentals Instruction - \$25/ hour with a Black Belt Coach- Focus on techniques, target work, katas, and weapons. This is a great option for test preparation, moving ahead on katas, and tournament preparation. Visit the instructor's table for appointment information.

Advanced Instruction - \$35 hour with Mr. Gunn- Focus on techniques, target work, beginning and advanced katas, advanced sparring, flexibility, and age-appropriate fitness training. These sessions are best for students Green belt and higher. See Mr. Gunn for appointment information.

Please Note- All Credit / Debit Transactions will incur a 3% fee. Save more by using Cash and/or check.

Important Information Regarding Tuition and Fees:

1. CCKC membership Fees cover one month of classes as well as any special class offerings (See session schedules for details). Classes are not posted ahead for absences. However, students are always welcome to makeup classes by attending more than one class an evening or visiting another CCKC location at no charge.

2. Students are allowed two membership fee pauses per calendar year. Membership fee pauses must be communicated in advance. Please visit the instructor's table for details and more information.

3. Membership fees are expected to be paid on time in person or online. Students who are more than a month delinquent will not be permitted to participate until fees are current.

4. Students who are unpaid and/or absent for two months will be dropped from membership and welcome to re-enroll at a later time.

5. Class Tuition, Uniforms, and Gear are non-refundable.

Class Equipment

The following items are required for class participation.

1. Karate Uniform (Called a "Gi") - A uniform is not required to join the class but students must have a uniform before the first test. Please see the dress code for proper uniform attire. There are no outside uniforms, previous training uniforms, etc. In the interest of uniformity, **all Gi's must be purchased through the CCKC.**

2. A CCKC T-shirt OR other solid black T-shirt must be worn under Gi Tops.

2. Sparring Gear - Complete Sparring Gear Includes:

A. Gloves

B. Foot Gear

C. HeadGear

D. Double Mouthpiece

E. Cup/Supporter (Males)

F. Shin Guards (Required in Trinity and Victory Classes)

3. Sparring gear does not have to be purchased all at once. However, sparring is a very important part of training. Therefore, students should strive to have all the gear when he/she is promoted to Yellow Belt.

4. Sparring Gear may be ordered through the CCKC or another vendor of your choice. If you choose to order gear from another source, it must be the style sparring gear that the CCKC uses. If you are unsure what to order, ask an instructor.

Testing / Advancement

One of the core values of the CCKC is grace and encouragement. We want everyone to succeed! At the same time, standards are part of karate and integrity demands the instructional team be truthful about the progress and capabilities of students at different ranks. With this in view, all students and families need to be familiar with and understand the expectations and procedures of testing and promotion.

Qualifying for Testing

1. Karate tests are issued four times per calendar year.³

The Following criteria must be met to test:

- a. Nine attendance points per session are required to be eligible for testing.
- b. Adequate knowledge and execution of techniques for age/belt level

³ After School Clubs may have different testing schedules.

- c. Correct Attitude
- d. Class Tuition Current
- e. Appropriate Kata and Weapons Progress.

2. Test Form and Test Fee Submitted. Test forms will be made available two to three weeks before the scheduled test. Please see Financial Information for Test Fees. In the event a student does not pass a test, the test fee will carry over to the next test and no additional charges will be incurred.

Testing Procedures

1. All students must be in complete uniform to test.
2. Test night is a formal and serious occasion. Students should be prepared for testing by having a clean uniform with belts tied correctly.
3. Spectators and students waiting for their test will wait quietly and respectfully while others test.
4. Students may not ask the Instructor(s) questions about test material on test night. If a student has a question, he/she is encouraged to ask the highest-ranked student present. If that student does not have the answer, only he/she may approach the grading table and ask the instructors.
5. Test results are issued the following week after a test. In the CCKC, this night is traditionally called Promotion Night.

Retest and Makeup Test Policy

1. Two weeks after a regularly scheduled test is the retest and makeup test night.
2. Students whose first test grades were not adequate for rank promotion may be allowed to re-test.
3. A student who missed the scheduled test (illness, travel, etc.) may take their test on the re-test date.⁴
4. Students who miss test night and the retest night must wait until the next scheduled test.

CCKC Rankings and Equivalent Kyu Standards⁵

1st Level White Belt / 15th Kyu (New Student Rank)
2nd level White Belt / 14th Kyu
1st Level Yellow Belt / 13th Kyu
2nd Level Yellow Belt / 12th Kyu
1st Level Orange Belt / 11th Kyu
2nd Level Orange Belt / 10th Kyu
1st Level Green Belt / 9th Kyu
2nd Level Green Belt / 8th Kyu
1st Level Purple Belt / 7th Kyu
2nd Level Purple Belt / 6th Kyu
1st Level Red Belt / 5th Kyu
2nd Level Red Belt / 4th Kyu
1st Level Brown Belt / 3rd Kyu

⁴ This option is only allowed once per Calendar year. Students should prioritize being present on test nights.

⁵ Arranged in descending order, a “Kyu” rank is a traditional ranking system showing the progress from white belt to advanced Brown Belt.

2nd Level Brown Belt / 2nd Kyu

Brown / Black Belt / 1st Kyu

Black Belt / 1st Dan

Black Belt / 2nd Dan

Class Conduct, Policies, and Protocols

1. Black Belts are referred to as “Sir” or “ma’am”
2. No Jewelry (including but not limited to bracelets, necklaces, trendy teen wear, etc.) is to be worn during class. (Wedding rings and medical alert jewelry are acceptable)
3. Students are to enter and exit lines with a bow.
4. Uniforms are to be neat with belts tied correctly.
5. Black T-shirts only are to be worn under Gi tops.
6. When making uniform corrections while class is in session, students are to turn their back, make any necessary corrections, and then face the front of the room again.
7. Assistant Instructors and other helpers may only enter the training floor by invitation from the Lead Instructor or Senior Instructor.
8. The class officially begins after students bow in. Any students who arrive after are considered tardy.
9. Tardy students are to do ten push-ups and enter the class in the last spot in the rank line. Purple Belts and higher must complete twenty push-ups.

NOTE: It is indifferent if the Tardy is due to the actions of the student, parent, a late ball game, bad traffic, etc. Tardy is tardy and the definition of Tardy is not relative to the circumstance which caused it. Therefore parents cannot excuse their child's tardiness.

10. Tardy Students may not hold rank unless expressly invited by the Lead or Senior Instructor.

11. Students who are out of uniform in whole or part may not hold rank for that class.

12. When sitting, (for class lectures, waiting to spar, etc.) students are to sit on their knees or cross-legged.

13. Sparring in the class area without an approved supervisor is prohibited.

14. During kata training, students may only stay on the training floor until the kata he/she is working on, unless otherwise directed by the lead instructor. It is a privilege to work on advanced katas and only students who have earned the right may do so.

15. Advanced students are not to coach lower-ranking students on techniques, katas, or weapons that the student is not ranked for. Though helping may seem kind, it may be harmful when a student has not properly learned the prerequisite skills necessary for the more advanced training.

16. Students /families are responsible for missed content and information resulting from absences. The burden of communication is on the student.

17. Ordinarily, attendance Points from two different sessions cannot be combined to qualify for testing. In instances of injuries or other unforeseen incidents, the instructor(s) may make an exception.

20. CCKC-approved tournament and training seminars count as two additional attendance points.

Conduct Policy

Students are to obey all class rules as well as instructions given by the Instructor(s). For students who fail to comply with class guidelines and/or instructions, the following procedures will be followed.

First Offense -	Verbal Warning
Second Offense -	Verbal Warning
Third Offense -	Sit out of class ⁶

In cases of clear disrespect to the Instructor(s), fellow students, or character unbecoming of a member of the Community Christian Karate Club, a student may be dismissed from class that evening without any other previous interventions.

Students who pose consistent discipline problems / lack of self control will be dismissed from the CCKC.

Guidelines for Parents and Spectators

1. Karate is a class. Like any other class, learning is taking place. Therefore noise should be kept at a minimum. This includes (though not limited to)...

A. Non-participating children must be quiet and in control during the class.

⁶ The Lead or Senior Instructor has the option to invite the student back into the class.

B. Cell phone calls will be taken outside.

C. Conversations of non-participants should be at a volume that is not a distraction to the students or the Lead Instructor.

2. Parent involvement is always encouraged. However, parents **are not** to “help” during class - this includes (but is not limited to) calling out, sending signals, entering the training area, etc. while the class is in session.

3. Parents are encouraged to allow their children to learn to tie their belts, put on their sparring gear, etc. as quickly as they are developmentally able.

4. Parents should know that karate is a discipline and the classes and overall program structure are designed to that end. **Karate is not a spectator sport, nor is it a consumer product.** At whatever point a student/parent/family is unhappy with the CCKC and cannot abide by the policies, that student and family should leave the club.

Advanced Ranking

Blue and Red Jackets

Green belt is the halfway mark to a Black belt. As a reward for progress to Green Belt, students are permitted and encouraged to move to a Blue Gi Jacket. This begins to separate the higher rank from the rest of the class and to demonstrate his/her commitment and seriousness towards the training. Brown Belts are permitted and encouraged to move to a Red Gi Jacket. Black Belts may wear black, white, red or blue or specialized uniforms. See instructor for details.

Class Assistants

At times a Lead or Senior Instructor may ask a Brown Belt to assist in the class or with new students.

The characteristics and qualifications of an assistant are, but not limited to:

- Remarkable and consistent effort in class.
- Exceptional Knowledgeable in Techniques and Katas
- Excellent control in sparring
- Christian Character and of good report in the class

First Kyu / Black Belt Coaching

1. When a student reaches the rank of First Kyu, he or she will be assigned a Black Belt Coach.

2. The Role of the Black Belt Coach is to:

A. Provide First Kyu Students the extra attention and individualized technique and kata coaching needed to ensure a successful Black belt test in a reasonable time frame.

B. Provide First Kyu students an advocate with the Senior Instructor for their needs and progress.

3. To provide First Kyu students with direct encouragement and accountability on their progress towards a Black belt.

Review Boards

1. After a student has held a First Kyu Rank (Brown/Black) for six months, he/she may qualify for a Review Board Appointment. The purpose of the Review is for the student to execute every technique, kata, and weapon kata that is required on the Black belt test. A thorough evaluation is given by the instructor(s) both verbally and in writing. This becomes a study tool in preparation for the actual Black Belt exam. Review Boards are by appointment and are \$45.
2. Black Belt coaches are encouraged to observe the Review Board exam.

Black Belt Testing

Upon successful completion of all novice belt ranks and working out as a Review belt for no less than one year, a student may become eligible for a Black Belt Test. After approval from the Senior and Location Head Instructors, a Black belt test can be scheduled by appointment. The Black Belt test fee is \$175.00

Advanced Black Belt Training

1. The CCKC offers advanced Black Belt training to 2nd Dan Black Belt.
2. Some Black Belts may be invited to work as assistant instructors.

